



The Revelstoke Nordic Ski Club offers ski programming for all ages and abilities. Our lodge and trails are located at 2265 Hwy 23 South with over 30 kms of beautiful ski trails, including lit and dog friendly options. We have a seasonal ski loan program available for younger athletes enrolled in

our programs. Volunteer coaches are always welcome - we offer coaching support and complimentary coaching courses. Email info@revelstokenordic.org if you'd like to join our vibrant coaching group! To learn more about our programs, Email our Skill Development Program Coordinator skilldevelopment@revelstokenordic.org, or visit revelstokenordic.org.

Registration

Register online at [Zone 4](#)

Register soon, as all program sizes are restricted to coaching capacity and may fill up

Deadline for all programs except Bunnies: Nov 20, 2024.

Registration deadline for Bunnies: December 31, 2024.

Bunnies (YOB 2019 & 2020)

Focus on fun and moving on skis.

Starts Saturday January 4th, 2025, ends Mar 8th, 2025

Saturdays 10:30 -11:30am

10 sessions **\$50**

Jackrabbits (YOB 2015-2018)

Focus on fun while learning the FUNdamentals of classic and skate ski techniques.

Jackrabbits 1 (YOB 2018)

Starts Saturday Nov 30th, 2024, ends Mar 8th, 2025

Saturdays 9:45-11:30 am

14 sessions **\$75**

Jackrabbits 2-4 (YOB 2015-2017)

Starts Saturday Nov 30th, 2024, ends Mar 8th, 2025

Saturdays 9:45 -12:00 pm and Tuesdays 4:00-5:00pm

27 sessions **\$100**

Tuesday Only Jackrabbits (YOB 2015-2016)

Tuesday evenings are skate skiing sessions.

Starts Tuesday December 3, 2024, ends Mar 4th, 2025

Tuesdays 4:00-5:00pm

13 sessions **\$75**

Trailblazers (YOB 2010-2013)

Outdoor adventures on skis. On and off trail, our Trailblazer group can be found lighting campfires, building jumps, identifying animal tracks, and having all sorts of snowy adventures with their trailblazing coach as well as some expert guests.

Starts Saturday Nov 30th, 2024, ends Mar 8th, 2025

Saturdays 9:45- 12:00 pm

14 sessions **\$125**

The **Revelstoke Nordic Team** is a competitive yet fun filled group of fit, active youth.

Email Head Coach Pauline Forren with any questions:

pforren@revelstokenordic.org

Track Attack (YOB 2012-2015)

Emphasis is on FUN while refining skills and technique on both classic and skate skis. Track Attack introduces athletes to training and provides fun supportive opportunities for those that are interested. (Costumes might be needed!)

Dryland

There is no requirement to come to all sessions, however our time together is filled with fun & skills to help the transition to on-snow that much better! Rollerski equipment provided at no extra cost.

Starts September 3rd, 2024

Tuesdays, Thursdays (4pm) & Saturdays (9:30am)

On Snow

Starts November 30th 2024, ends March 8th, 2025

Tuesdays, Thursdays (4pm) & Saturdays (9:30am)

3x per week: **\$300**

Junior Development (YOB 2007- 2012)

Our JD Team's focus is on improving technical proficiency and fitness. Race preparation and support are provided at regional, provincial, and national level races. Racing is not a requirement. Our team includes athletes who compete at all levels, as well as those who ski for fitness and fun. Attendance at all sessions not required.

JD1 (YOB 2011-2012)

Starts September 2024, ends March 2025

3x per week July & August

4x per week September onwards **\$600**

JD2 (YOB 2007-2010)

Starts September 2024, ends March 2025

3x per week mid-May & June

4x per week July onwards **\$800**

Senior Development (YOB 2006+)

Flexible training program designed to meet the goals of each individual athlete, from recreational fitness to international level competition. Options include short term or year round training plans, coaching and race support.

Email pforren@revelstokenordic.org for further information and rates.

Adult and Masters Programming

We offer a range of adult group lessons, private lessons, and masters programming for beginner through advanced XC skiers beginning in December. More information on schedule, pricing and program offerings available in the fall at www.revelstokenordic.org or email info@revelstokenordic.org.